## **Toddler Morning Time** (ages 18 mos-3 yrs)

Stories, music, crafts and educational activities for the youngest toddlers and their care givers! Students will study and explore the winter season through song and dance, craft projects, puzzles, counting, letters and more. Parent participation required. ★ Register at town hall.

The Cottage at Olde Mill Location:

Stream

Instructor: Jessica Marshall Fee: \$48 per session Sessions: Jan 16-Feb 20

Thu 9:00 am-9:45 am

Mar 6-Apr 10 Thu 9:00 am-9:45 am

May 1-Jun 5

Thu 9:00 am-9:45 am

## **Parent and Toddler Nursery Rhymes and Dance Time**

(age 2)

A parent and child movement and dance class to get everyone moving. We will be using nursery rhymes/ lullabies to make this class more kid friendly. Parent participation is required. Participants must be age 2 prior to the class start date. Flexible clothing, pink ballet slippers for girls, and black Jazz shoes for boys. No Class Jan. 20 and May 26. ★ Register at town hall.

Location: The Cottage at Olde Mill

Stream

Instructor: Jessica Marshall Fee: \$45 per session Sessions: Jan 13-Feb 24

Mon 9:30 am-10:00 am

Mar 10-Apr 14

Mon 9:30 am-10:00 am

Apr 28-Jun 9

Mon 9:30 am-10:00 am

#### **Time for Make Believe** (ages 2-3)

Parents and children come one come all! Join us as we play pretend with dragons, fairies, princesses, knights, and more. We will explore activities for the dreamer in all of us. A child's imagination is one of the greatest gifts a child can give us. Explore with us through song and dance, educational projects, playing dress-up, storytelling, and more in this preschool like setting.

Parent participation required.

★ Register at town hall.

"TIME FOR MAKE BELIEVE" CONT.

Location: The Cottage at Olde Mill

Stream

Instructor: Jessica Marshall Fee: \$48 per session Sessions: Jan 16-Feb 20

Thu 11:00 am-11:45 am

Mar 6-Apr 10

Thu 11:00 am-11:45 am

May 1-Jun 5

Thu 11:00 am-11:45 am

# **Creative Dance** Movement

(ages 2-3)

An introduction to multiple styles of dance by allowing the child to interpret their own movements in an array of activities and dances. We will use nursery rhymes/lullabies to make this class kid friendly. Requirements: Participants must be age 2 prior to the class start date. Flexible clothing, pink ballet slippers for girls, and black Jazz shoes for boys. ★ Register at town hall.

Location: The Cottage at Olde Mill

Stream

Instructor: Jessica Marshall Fee: \$45 per session Sessions: Jan 17-Feb 21

Fri 9:30 am-10:00 am Mar 7-Apr 11

Fri 9:30 am-10:00 am May 2-Jun 6

Fri 9:30 am-10:00 am

### Tiny Ballerinas (ages 3-5)

Students will learn stretching, technique, and movements to encourage flexibility, poise, grace, balance, and self confidence. We will learn all the ballet basics including the 5 positions, turns, and balance practices. Requirements: Ballet shoes and flexible clothing. No class Jan. 20 and May 26. ★ Register at town hall.

The Cottage at Olde Mill Location:

Stream

Instructor: Jessica Marshall Fee: \$45 per session Sessions: Jan 13-Feb 24

Mon 10:15 am-11:00 am

Jan 17-Feb 21 Fri 10:15 am-11:00 am

Mar 7-Apr 11 Fri 10:15 am-11:00 am

Mar 10-Apr 14 Mon 10:15 am-11:00 am

Apr 28-Jun 9

Mon 10:15 am-11:00 am

May 2-Jun 6

Fri 10:15 am-11:00 am

#### **Toddler Art** (ages 18 mos-3 yrs)

Parents and their child will enjoy exploring the world of art through many projects and storytelling adventures. Parent participation is required. No class Jan. 20 and Apr. 21. ★ Register at Flaherty Park.

Flaherty Park Community Location:

Center

Instructor: Maureen Seltzer Fee: \$48 per session Session: Jan 13-Feb 10

Mon 10:00 am-10:45 am

Jan 16-Feb 6 Thu 10:00 am-10:45 am Feb 20-Mar 13 Thu 10:00 am-10:45 am Feb 24-Mar 17

Mon 10:00 am-10:45 am

Apr 7-May 5

Mon 10:00 am-10:45 am

Apr 10-May 1

Thu 10:00 am-10:45 am

## **Toddler Music Time** (ages 2-3)

In this lively class for our youngest music lovers, we will explore the magic of the season through circle time songs, educational games, and crafts. Musical instruments, clapping, dancing, and singing will be used to develop gross and fine motor skills. Parent participation required.

★ Register at town hall.

Location: The Cottage at Olde Mill

Stream

Instructor: Jessica Marshall Fee: \$48 per session Sessions: Jan 16-Feb 20

Thu 10:00 am-10:45 am

Mar 6-Apr 10

Thu 10:00 am-10:45 am

May 1-Jun 5

Thu 10:00 am-10:45 am

### Caring Hearts (ages 3-5)

**WORKSHOP** Students will enjoy learning about Valentine's Day by making their own cards and gifts for their loved ones. Please bring a snack. ★ Register at Flaherty Park.

Flaherty Park Community Location:

Center

Instructor: Maureen Seltzer

\$15 Fee: Session: Feb 1

Sat 10:00 am-12:00 pm

www.wakeforestnc.gov/parksrecreation.aspx

#### **Caring Hearts** (ages 3-5)

**WORKSHOP** Students will enjoy learning about Valentine's Day by making their own cards and gifts for their loved ones. Please bring a snack. ★ Register at Alston-Massenburg Center.

Location: Alston-Massenburg

Center

Instructor: Maureen Seltzer

Fee: \$15 Session: Feh 8

Sat 10:00 am-12:00 pm

### **Preschool Art** (ages 3-5)

Students will enjoy stories and art projects based around a theme. Students will explore basic art techniques through many different mediums. No class Jan. 20 and Apr. 21. ★ Register at Flaherty Park.

Location: Flaherty Park Community

Center

**Instructor**: Maureen Seltzer \$48 per session Fee. Sessions: Jan 13-Feb 10

Mon 11:00 am-12:30 pm

Jan 16-Feb 6

Thu 11:00 am-12:30 pm

Feb 20-Mar 13 Thu 11:00 am-12:30 pm

Feb 24-Mar 17

Mon 11:00 am-12:30 pm

Apr 7-May 5

Mon 11:00 am-12:30 pm

Apr 10-May 1

Thu 11:00 am-12:30 pm

### **Preschool Art** (ages 3-5)

Students will enjoy stories and art projects based around a theme. Students will explore basic art techniques through many different mediums. No class Feb. 1 and Feb. 8. ★ Register at Alston-Massenburg Center.

Location: Alston-Massenburg

Center

Instructor: Maureen Seltzer Fee: \$48 per session Jan 18-Feb 22 Sessions:

Sat 9:30 am-11:00 am

Mar 8-Mar 29 Sat 9:30 am-11:00 am

#### **Eggadventure** (ages 3-5)

**WORKSHOP** Enjoy making crafts for the Easter holiday, and exploring adventures through storytelling. Please bring a snack. ★ Register at Flaherty Park.

Location: Flaherty Park Community

Center

Instructor: Maureen Seltzer

Fee: \$15 Session: Apr 12

Sat 10:00 am-12:00 pm

## Molly Manners—Nice is Right!

(ages 3-5)

Come and join the fun, companionship, and laughter while learning good manners! Molly Manners uses interactive and effective preschool activities to help children become confident, considerate, and respectful of themselves and others. Parents will receive weekly "Manners Minutes" with a review of topics covered to reinforce and practice at home. ★ Register at Flaherty Park.

Flaherty Park Community Location:

Center

Instructor: Joanne Heidinger Fee: \$48 per session Session: Jan 15-Feb 19

Wed 11:00 am-11:45 am

Mar 5-Apr 9

Wed 11:00 am-11:45 am

Apr 23-May 28

Wed 11:00 am-11:45 am

## Lil' Dribblers (ages 4-5)

An introduction to the basic skills and fundamentals of the sport of basketball. Activities include dribbling, passing, shooting and basic court positioning. This is a fun and exciting way to build a child's coordination and confidence in a non-competitive environment. No class Mar. 5. ★ Register at Flaherty Park.

Flaherty Park Community Location:

Center

Instructor: Lynne Mullins Fee: \$45 per session Sessions: Jan 15-Feb 5

Wed 1:15 pm-2:00 pm

Feb 19-Mar 19 Wed 1:15 pm-2:00 pm

Apr 9-30

Wed 1:15 pm-2:00 pm

#### Lil' Sluggers (ages 4-5)

A basic sports program that uses activities to teach fielding, hitting, throwing and catching. This is a fun and exciting way to help build a child's coordination and confidence in a non-competitive environment. No class Mar. 5.

★ Register at Flaherty Park.

Location: Flaherty Park Community

Center

Instructor: Lynne Mullins Fee: \$45 per session Sessions: Jan 15-Feb 5

> Wed 2:15 pm-3:00 pm Feb 19-Mar 19 Wed 2:15 pm-3:00 pm

Apr 9-30

Wed 2:15 pm-3:00 pm

### **Cookie Monsters** (ages 4-5)

An introduction to baking for children. Basic kitchen safety, measurements, and a new cookie recipe will be covered each week. No class March 6. ★ Register at Flaherty Park.

Flaherty Park Community Location:

Center

Instructor: Lynne Mullins Fee: \$45 per session Session: Jan 16-Feb 6

Thu 3:30 pm-4:15 pm Feb 20-Mar 20 Thu 3:30 pm-4:15 pm Apr 10-May 1 Thu 3:30 pm-4:15 pm

### **Intro to Gymnastics** (ages 4-6)

An introductory course designed to help improve confidence, balance, fine, and gross motor skills, teach flexibility, and coordination. We will learn all the basics in a safe environment. Requirements: Socks or gymnastics shoes.

★ Register at town hall.

The Cottage at Olde Mill Location:

Stream

Instructor: Jessica Marshall Fee. \$45 per session Jan 17-Feb 21 Sessions:

Fri 11:15 am-12:00 pm

Mar 7-Apr 11

Fri 11:15 am-12:00 pm

May 2-Jun 6

Fri 11:15 am-12:00 pm